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# Leading in Change

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Today's workplace is defined by constant change, uncertainty, and complexity. As the environment continues to evolve, so too must the way managers lead. Leaders are no longer just expected to deliver results – they are looked to for reassurance, direction, and human connection amidst change.

This programme offers practical frameworks and tools that empower managers to lead with greater confidence and effectiveness across varied work environments - in person, hybrid, and remote environments. Through reflective practice and skill-building exercises, participants will learn how to stay grounded, connect meaningfully with their teams, and communicate with impact during times of uncertainty, while sustaining their energy and well-being as leaders.

### **What You Will Learn**

This programme has been specially designed for you to:

- Adopt principles to better connect and engage at work
- Apply the skills of listening and asking questions to gain greater clarity
- Use a sense-making tool to make better decisions
- Employ communication techniques to communicate with greater clarity
- Be equipped to know how to improve leadership resilience

### **How You Will Benefit**

When you apply what you have learned back at work, you will:

- Stay resilient and buoyant amidst changing circumstances
- Know how to motivate, engage, and connect
- Gain clarity by listening and asking questions
- Improve decision-making by broadening perspectives and responding effectively in complex situations
- Communicate with clarity to influence team to achieve organisational goals

### **Who This Is For**

- Managers and supervisors responsible for sustaining clarity, reassurance, and alignment within teams amidst shifting priorities and uncertainty
- High-potential talent preparing to step into people leadership roles in evolving environments



# Programme at a Glance

**Duration: 2 Days (16 hrs Workshop)**

## Day 1

### Session 1: Courage to Clarify

- Identify habitual problem-solving reactions when navigating ambiguous situations
- Apply a practical sense-making framework to bring clarity to work challenges
- Build confidence when making decisions under uncertainty

### Session 2: Courage to Connect

- Shift conversations from informational to meaningful exchanges
- Develop skills to deepen listening to people's perspectives
- Learn to communicate in ways to minimise emotional triggers
- Learn ways to connect intentionally with your teams across in-person, hybrid, and remote work

## Day 2

### Session 3: Courage to Communicate

- Understand how personal leadership style shapes communication during change
- Practise using a structured framework with peers to communicate with clarity and purpose

### Session 4: Courage to Care

- Recognise the emotional demands of leadership and identify practical strategies for self-management
- Acknowledge pressures experienced by team members to lead with greater empathy and awareness
- Sustain leadership resilience with greater intentionality during ongoing change



# Get in touch with us

Partner with us to shape courageous change leaders.

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## Contact Us

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